

INFORMATION SHEET – BIRTHDAY PARTIES

We offer two standard types of party at TNAG as follows:-

1.. STRUCTURED PARTY

Here, the TNAG coaches will lead games and activities on the floor area and then on the apparatus, followed by some free play time on the apparatus and bumps for the birthday child. Structured parties are certainly recommended for children aged 5 or younger

2. UNSTRUCTURED PARTY

There is a TNAG coach on hand to supervise the party but the choice of activities is down to the children and parents and coaches advise on safety aspects only.

Both parties include 1 hour in the gym, followed by 45 minutes afterwards in the viewing area for party food and cakes, games and presents.

Custom packaged parties are also available. These may enable you to have a longer party slot, more gym time and a mix of structured/unstructured activities. Please contact us to discuss this.

We do not provide any food, drinks or utensils but do have a kettle and microwave which you are welcome to use.

PRICES:

Structured : £185 including VAT

Unstructured : £155 including VAT

Custom: Prices on application

NUMBER OF CHILDREN

The above prices are for up to 16 children. If you wish more to attend this can be accommodated at an additional cost of £35 (structured) or £30 (unstructured) per additional 10 children.

WHEN?

We generally take bookings on Saturday evenings after 5pm and Sundays anytime, subject to availability of the facility and coaches. During school holidays, weekday daytime slots may be available.

WHAT TO WEAR

Children should wear clothing suitable for physical activity. No shoes are allowed in the gym and socks are not recommended as they may cause slippage. Children should have long hair tied back and no jewellery whatsoever is permitted under British Gymnastics regulations.

NOTES FOR PARENTS

Parents are asked to remain in the viewing area during the party. The parents of the birthday child are able to enter the gym, along with one adult for any child aged under 4yrs. Parents wishing to take photographs should ensure they have the consent of the other parents and should remove shoes before entering the gym. If there is a child with a special need who requires a parent to assist him or her please let us know in advance. No food or drink are permitted in the gym at any time.