

APPENDIX 3 – GYMNASTS' CODE OF CONDUCT

TNAG CODE OF CONDUCT FOR GYMNASTS (ALL LEVELS)

TNAG gymnasts will:-

- Do their best to attend classes on time
- Listen to and follow the instructions of their coaches at all times
- Tell a coach if they have any injuries or feel unwell during a class
- Try their hardest to achieve the tasks they are set
- Tell a coach if they believe that another member of the class is being bullied or unfairly treated by other participants in the gymnasium
- Abide by the club's Social Media Policy

TNAG gymnasts will not :-

- Attend training if they are injured or otherwise unwell so as to mean that they cannot participate fully in the session (unless a prior arrangement has been reached with a coach)
- Leave the gymnasium without first obtaining the permission of a coach
- Attempt a new move or series of moves without the permission, support or supervision of a coach